

# Shalom

*Pesach Edition*

*No. Two*

*Nisan 5780 April 2020*







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# PESACH 5780



A lot has happened since I last wrote to you. We have seen anti-Semitism in the Labour Party, a General Election, a new US Middle East Peace Plan, a Royal - Prince Charles - on an official visit to Israel, and at last Brexit has been completed - or has it?

At Cranbrook United Synagogue we have also been active. We have celebrated Shavuot, the High Holy Days, Succot, Mitzvah Day and Chanukah together, as well as a number of other events, most of which have been mentioned in this magazine.

We have also celebrated the engagement of Aaron, the second son of Reverend Gary and Gillian Newman to Rachel Shuck. We wish them and their families a hearty mazeltov.

There are also a lot of exciting things in the pipeline, with a number of educational events planned for the future in our shul. For those who just wish to relax in convivial company, I am sure that the new Brook Guys' and Gals' Club is just the place for you; you can play cards, dominoes and other board games, as well as table tennis, join discussion groups, reminisce about the good old days, enjoy a good laugh, read the papers, even have a schluff with a light lunch of soup and a roll.

To avoid missing out on the exciting events, keep up to date with what is going on by getting on our e-mailing list. My colleague Robin Abrahams emails the Cranbrook News every week to keep everyone informed of the shul's events. If you are not on the list, contact the shul office, and they will ensure you are kept in the picture.

In February 2019, a new US Local Honorary Officer position – Women's Officer - was introduced to ensure that women's concerns can be addressed. Lorraine Silver and Claire Barzilai were elected as Joint Ladies Honorary Officers and you can read all about their activities in the Magazine. On a different note, I am sorry that Marc Levy, Joint-Financial Representative, has resigned from his position due to family commitments. Marc has been a tower of strength to the shuls through two mergers and was Chairman of the Committee who chose our minister, Rabbi Steven Dansky. I worked alongside Marc when he was Chairman of Newbury Park Synagogue (I was then Vice-Chair) and I wish him well. I look forward to seeing him and his family in shul.

I am delighted to say that we have several 'new' contributors to our shul Magazine. I hope to welcome many more for the next edition - Rosh Hashanah 5781!

I would like to thank Colin Emden, our publisher, and all those involved in the production and distribution of our magazine. I would also like to thank all our contributors who over the years have sent us such interesting and varied articles. Long may it continue.

With best wishes to you and your families for a Happy and Kosher Pesach.

Philippa Stanton  
Editor



## CRANBROOK UNITED SYNAGOGUE

**22 Beehive Lane, Ilford  
Essex IG1 3RT**

*Rabbi:* Steven Dansky

*Rebbitzen:* Siobhan Dansky

*Community Welfare Minister:*  
Reverend Gary Newman

*Honorary President:*  
Martin Altman

*Finance Administrator:*  
Michelle Fraser

*Community Administrator:*  
Estelle Lyons

*Office Hours:*  
Monday to Thursday: 10.00 am - 2 pm  
Friday & Sunday: (Sunday phone first)  
10.00 am - Noon

**Tel: 020 8629 2780**  
**email: [admin@cranbrooksynagogue.org.uk](mailto:admin@cranbrooksynagogue.org.uk)**  
**website: [www.cranbrooksynagogue.org.uk](http://www.cranbrooksynagogue.org.uk)**

*Joint Chairmen:*  
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Malcolm Nathan

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Ian Keller

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*Joint Ladies Honorary Officers:*  
Lorraine Silver & Claire Barzilai

### MAGAZINE:

*Editor:* Philippa Stanton  
*Editorial Assistant:* Linda Stanton  
*Proof Reader:* Hilary Segall  
*Advertising:* Angela Levene  
*Graphics, Design & Production:*  
Colin W Emden

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# THE CHIEF RABBI'S PESACH MESSAGE



A recent BBC News item reported that more than a quarter of people engage in monthly domestic disputes about which types of plastic can be recycled.

Research carried out in London last year found that nearly 90% of drivers were still grappling with what the new Ultra Low Emissions Zone would mean for them. A report issued in January by a cross-party Parliamentary group suggested that, in efforts to reduce plastic waste, many are using materials which can actually cause greater damage to the environment.

When it comes to responding to climate change, I fear that too many of us are failing to see the wood for the trees.

It is told of the apocryphal 'wise elders of Chelm' that they were becoming increasingly concerned about the town's only bridge. A small cavity in the bridge quickly became a dangerous gap. Every day brought more incidents of people falling into the valley below and injuring themselves. An emergency meeting of the elders was called. After a full day of intense discussion and debate, the unanimous solution was finally announced: they would urgently build a hospital in the valley below!

I wonder what the reaction of the elders of Chelm would be to the problem of climate change and, indeed, whether it would be different at all to the way many people actually view the issue today.

On Pesach, we recall how Aaron, not Moses, was instructed to instigate the first three of the ten plagues – blood and frogs, which emerged from water, and lice, which emerged from the earth. Rashi explains that Moses owed both water and the earth a personal debt of gratitude. The waters of the Nile had protected his life when, as a baby, he was set afloat in a basket, while the earth provided the hiding place for the body of the Egyptian taskmaster whom Moses had killed in order to save a Hebrew slave.

This anthropomorphism is surprising. Can one really feel a sense of respect or deference for a river or the earth?

I believe that there is a powerful message here about our attitude to the environment. We tend to measure the impact of climate change by sea level, temperature increase or the amount of carbon in the air. These are of course all crucial in their own right but what if we measured the impact of climate change by the number of human lives it has already destroyed? Might that help focus our minds?

Accurate figures would be difficult to produce, but there is no question that millions of lives are lost every year to air pollution, natural disasters, pandemics and extreme water or food shortages related to climate change.

More than anything, Pesach is about responsibility. Slaves are merely an instrument, acting purely upon instruction. As we celebrate our freedom from Egypt and its accompanying responsibility – to Torah, to Hashem and to living in His service – we must not forget our responsibility to protect the fragile world that He created for us.

Consequently, our response to climate change should not only be about this type of plastic or that; this type of car or that. It should be a far more fundamental shift in the way that we think about the natural environment. Planet earth has sustained humanity for millennia just as it sustained Moses in Egypt. In return, we are failing to offer it the respect that it deserves.

Valerie and I wish you a Chag Kasher Vesameach.



Chief Rabbi Ephraim Mirvis  
March 2020 • Nisan 5780





# RABBI DANSKY'S PESACH MESSAGE

The Torah talks about four different sons in the Haggadah. The wise son, the wicked son, the simple son, and the son who does not know how to ask.

I would like to focus on the wicked son's question. He says "what is this work to you?" When he says these words, he is actually referring to the preparations that are being made for the Seder. All Jewish people are very busy on Erev Pesach, and he can't understand what all the fuss is about. He thinks that there is no meaning in what we are doing - we are spring cleaning, and running around like chickens without heads for some old custom which doesn't apply to him any more.

Yet, it is not the fact that he can't connect with the festival which is what makes him a Rasha, a wicked person, but rather it is his disassociation from the congregation which grabs the goat as it were of the Ba'al Haggadah, the person who authored the Haggadah. He says: "what is this work to you, and not to me?" It is because of his disassociation that he is attacked, not because of his views.

Rabbi Yissochor Frand has the most brilliant insight, which was said in the name of Rabbi Shimon Shkopp, one of the great luminaries of the Lithuanian Yeshivot: When we talk about the 'I' - the bit which refers to me - that sense of self we all have refers not only to who we are as people, but to our concerns as well.

For some people, it is all about number one - me; and the only thing that number one is concerned about is three people - me, myself and I. Others have a different view of the 'I'. The 'I' here refers to myself and my family. For others, it is all about family and friends. A Gadol Beyisroel - a truly great man of the Jewish people - is a man or woman whose 'I' encompasses not only themselves and their family, but it connects with the entire Jewish people. It is for this reason that a truly great man can give us blessings. Such an individual feels such great empathy towards others, such a feeling of connection with them, that he or she is in a place to give them a blessing.

With this in mind, we can find a beautiful understanding of a Mishna in Ethics of our Fathers where Hillel says: "if I am not for myself who am I, but if I am only for myself what am I?" 'I' am only an 'I' when I have a sphere of community which surrounds me, when I care for others; when the 'I' is not only me, but my friends and my family, my congregation, MY people. However, if I am only 'I' in that I care only about myself, then I am nothing.

This is the problem that the Rasha has - he is not connected to the congregation. He has no sense of himself beyond his own needs and desires, and this lack of empathy defines him as a Rasha - if other people do things he doesn't understand, then it must be a waste of time in his view.

In fact, the Hebrew word for wicked - Rasha - doesn't literally mean 'wicked'. It really means 'poverty stricken'. The Rasha is poverty stricken - he lacks the richness of life which goes together with caring for others, with empathising with other people, with being a part of something so vital and important. We therefore say "God did this for me when he took me out from Egypt", because my "ME" includes the whole congregation - it is not only my wants, and my personal needs. Because I see myself in the light of the community, I was redeemed. Seeing myself as outside of it makes me as poor a person as a RASH. He might have millions in the bank with tons of accolades, degrees and commendations, but such an individual is ultimately poor.

That is why we call ourselves BEIS YISRAEL - the house of Israel, because we are one large family - we bicker, we fight, we laugh, we cry, we joke, we connect together; I am only 'I', because 'WE' are together, we care for each other.

We don't always have that opportunity to give to one another, to care for another, but each person can choose a time to share who they are with others, and show compassion and care to others, increasing their sense of 'I'.

Years ago, a woman working as a pediatric emergency room physician made aliyah to Israel. One day, while working in the pediatric ward, in walked a woman. But she was not just any woman. She was a bride on the day of her wedding. How did the physician know this to be true? Because she walked in fully dressed in her gown. If you can remember when you, your sister or your daughter were a kallah, there is one thought which stands out on the day of the wedding. The mascara must be perfect; it cannot be smudged in the slightest. Understandably so, brides on the day of their wedding tend to be into themselves. But as this kallah walked into the emergency room, she had a different agenda in mind. "What can I do for you?" asked the physician. "A kallah on the day of her wedding has the power to give blessings," the woman said. "I would like to give each and every child in this room a beracha that they have a refuah sheleimah (complete recovery)! This is truly what makes people big.

On this note, I would like to say a huge thank you to those people in our congregation who donated gifts for Mitzvah Day and to the small Committee who collected and delivered them. I would also like to thank members of the CST who keep us safe and those members who give of themselves, their money, their time, and their care to others. I am honoured to have such individuals in our congregation, people who truly care for others, people for whom I include not only themselves and their cares, but the cares of all the house of Israel. May they all go from strength to strength, and may we all have the ability to see all of the house of Israel in our eye.

Rabbi Steven Dansky



## CO-CHAIRS PESACH MESSAGE ONE YEAR ON (WELL NEARLY)

On 15th May, 2019, history was made within the Jewish Community of Redbridge when two synagogues, Ilford United & Redbridge United merged into one, now known as CRANBROOK UNITED SYNAGOGUE. Both Mike Callaghan & myself, Malcolm Nathan, the co-chairs of Cranbrook United Synagogue worked very hard for just under three years to make this transition between the two synagogues work. We both understand that there were a number of detractors against the merger, but if you look at it pragmatically it really was in the best interest of both communities. We are now a community of almost 2,000 members and we are both aware that it is taking time for members to re-acquaint with old and new friends.

Since May a lot of work has taken place in and around the shul. The Mark Lewis Banqueting Suite has had a face-lift with new lighting and the flooring throughout the shul has been sanded and polished. The foyer has also been decorated and made brighter with new lighting. In the shul all the seating has been recovered both in the men's and ladies sections and we thank all those members who contributed financially. Very shortly we will be commencing work on updating the Ladies Toilets upstairs in the Ladies section. A lot of expenditure has been spent on keeping our members and visitors safe with the updating of our security systems as unfortunately in this day and age we cannot take anything for granted and we have to be very vigilant.

It is a delight to see the Beis Hamidrash in Schaller House being used every day, for both morning and evening services and on Shabbat the Beis Hamidrash is being occupied by the Eastern Jewry Community which moved over from Newbury Park Station in January 2020. Every day there are activities going on within the premises from school visits to shiurim to JACS and other events.

The kiddushim on Shabbat after the service have become very tasty with hot soup or cholent and kugel during the winter months, all this to keep our members fully nourished for their walk home and to enhance their Shabbat.

On the religious side the services over Rosh Hashanah and Yom Kippur were first class especially with a full shul. For the first time ever, we did not have reserved seating over Yomim Norarim and we have to say that it worked quite well.

We do not want to take up more time as there is a lot more we could write about but a full report will be given at the AGM in May which we hope that you will all attend.

It has been decided that the new Synagogue Council will comprise: Honorary Officers: one chair; one financial rep; 1 vice-chair; 2 wardens & 1 female officer, together with five male and five female officers. We felt that we would rather have ten officers, who are going to work for the shul rather than have 20 officers with only 50% working for the shul.

Finally, we would like to thank all those members who have given their time as volunteers in making this merger work and to keep this shul in the forefront of London Jewry; to mention them all by name would take up too much time and space in this article.

We wish you a Kosher Pesach and we look forward to seeing you in Cranbrook United Synagogue on Shabbat and over the holidays.

Malcolm Nathan & Mike Callaghan



**April 2020 / Nissan 5780**

ד"ר

**United Synagogue**

305 Ballards Lane

London N12 8GB

**T: 020 8343 8989****E: info@theus.org.uk****www.theus.org.uk**

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## Message from the President of the United Synagogue

What is freedom? In February I was invited to Rwanda to participate in a study trip run by OLAM, a shared platform to promote global Jewish international development. The trip was designed to inspire Jewish community conversations about shared responsibility towards vulnerable populations in the developing world.

This was the first time that I had spent meaningful time in a developing world country. I saw the enormous personal challenges that confront people every day.

Rwanda experienced genocide just 25 years ago and is coming to terms with the reality that a million people were slaughtered by their neighbours. In our globalised world, development is relevant to all of us. I believe it is the fundamental issue facing the human race in the 21st century. There is much to celebrate about the world's development in the last 40 years. Poverty has been radically reduced. Illiteracy rates are falling, as is infant mortality. Fewer people are dying from malnutrition and more have access to clean drinking water and sanitation.

But the United Nations still estimates that 21% of the world's population lives in poverty with just \$1.25 or less to spend a day. That's 1.6 billion people. Poverty enslaves. It denies freedom. Why am I telling you this? It is clear from my conversations with our younger members that more and more of them feel a responsibility to the developing world.

In many places the Torah teaches us not to wrong a stranger, not to mistreat a widow or orphan. We are commanded to support financially both Jews and non-Jews in need. The Talmud (Bava Metzia 71a) debates how to prioritising giving, ruling that the poor of your city take precedence. But the Rabbis note that if the poor of your city have at least the basics to live, we must support the poor of another city as the neediest take precedence. Today, this might mean helping people in need anywhere on the planet.

We can all play a part. We all have a voice. We should make ours heard. The Chief Rabbi has led the way on issues including the plight of refugees and the environment. As we have seen with Tribe's visit to Rwanda and the Chief Rabbi's Ben Azai programme, there is a role for us to play in volunteering.

I have been extremely proud of the growing areas in which the United Synagogue has been involved in supporting asylum seekers, feeding and sheltering the homeless and making wishes come true for terminally ill people, both Jewish and non-Jewish. We will continue to support vulnerable United Synagogue families who are struggling, particularly at Pesach.

We should be unashamed that this work is not a one-way street. These acts help us all grow but they also give us another avenue for the unaffiliated to find a way to engage.

As we celebrate the 150th anniversary of our wonderful organisation this year, this is another way we can ensure the United Synagogue remains proudly orthodox, modern and welcoming to all.

Have a wonderful Pesach. Chag kasher v'sameach.

**Michael Goldstein**  
**President, United Synagogue**

**President:** Michael Goldstein

**Treasurer:** Maxwell Nisner

**Trustees:** Andrew Eder, Claire Lemer, Fleurise Lewis, Nicola Rosenfelder, Barry Shaw, Saul Taylor, Jacqui Zinkin

**Chief Executive:** Steven Wilson



The US



## MITZVAH DAY 2019

When the call went out to support the chosen charity: The Welcome Centre for the homeless in Ilford I wondered if we would get many donations. After a slow start and a lot of reminding through the newssheet, Shabbat morning announcements and emails we collected a huge amount of items. The centre asked us to provide water, small bars of cereal, biscuits, chocolate, anything that could be eaten "on the go". Well, the generosity of the shul knew no bounds. Not only did we provide the above items but members generously donated warm hats, some were even hand-knitted, gloves and warm socks. Donations of tinned food and toiletries were also



amongst the items that Joanne Green, Jeff Faber and myself took to the centre a couple of days later.

Jeff kindly loaded up the van for us and when we arrived at the centre the "clients" as they are known by the staff, came out to help us unload and deliver the goods. We laid out a lot of the goods on the tables and gave the staff the items such as the tinned food and toiletries for their stock so they could use it to provide the clients with a hot lunch and toiletries for personal use.

Once Joanne and I had unpacked the donations we had a few pictures taken and were asked to stay and see the clients help themselves. But, Joanne and I both felt that

that was too intrusive, so we left; however one young lady, came up to us and simply thanked us for the donations and said that the centre was helping her to get on her feet by providing her with a shower and a hot meal.

We both came away, deep in our own thoughts and grateful for what we have in our lives. A huge thank-you to all those who donated. When it comes to a pre-Pesach clear out please keep the centre in mind and we hope to arrange another delivery to the Welcome Centre in Ilford.

Hilary Segall



## Blue Tzedakah Boxes

We would like to encourage more people to take one of the shul Tzedakah boxes, they will be collected every six months.

It is a mitzvah to give tzedakah and every little helps both the shul and our nominated charities.

Please contact Colin Emden on 07860 313822 or email [caracolprinting@ntlworld.com](mailto:caracolprinting@ntlworld.com) for more information.



## PESACH MESSAGE

### PRESIDENT MARIE VAN DER ZYL



Pesach is a poignant time of year for all of us. It is the moment when we reflect both on the suffering of our ancestors in Egypt and also celebrate their freedom from Pharaoh. For many years, we have lived free and safe lives as Jews in the UK. However, the antisemitism crisis in Labour has given Pesach an extra level of significance. For the first time I can remember, anti-Jewish racism has been at the front and centre of British politics. Heading into a General Election last December, it is not overstating matters to say that many in our community were feeling real anxiety, and, in some cases, even fear, over our future.

The Labour leadership election will be decided shortly before the start of Pesach. We are hoping that this moment will be a turning point for the party. This is the reason that, in January, we produced our Ten Pledges for Labour Leadership and Deputy Leadership candidates. The pledges identify the ten key points we believe Labour needs to sign up to in order to begin healing its relationship with the Jewish community.

This relationship, once rock solid, has been all but destroyed. It will take leadership, commitment and, most importantly, action. We expect that those seeking to move the party forward will openly and unequivocally endorse these Ten Pledges in full, making it clear that if elected as leader, or deputy leader, they will commit themselves to their full implementation.

We have been encouraged that all the leadership candidates have signed up to the pledges (although, disgracefully, deputy leadership candidates Richard Burgon and Dawn Butler refused to accept them). We are also hugely encouraged by the massive media coverage the pledges have received and the way they have compelled candidates to confront the antisemitism in their party. Of course, antisemitism is not just a problem for Labour. We engaged with all the major parties during the election campaign when candidates made antisemitic statements or posts. We will continue to call out racism, wherever it comes from and whenever it happens, in a completely even-handed way.

Those who know the Board of Deputies will understand we are not a single-issue organisation. We exist to ensure that the UK's Jewish community can live freely, happily and continue to practise our traditions.

We are working to ensure that the Jewish community's interests are protected after Brexit, whether that is safeguarding UK-Israel trade, carrying over to UK law EU sanctions on groups like Hamas, or guaranteeing the same or better access to Kosher meat.

We are passionate about protecting our religious freedoms, whether the right to circumcise our baby boys in accordance with our tradition or to ensure that employees are able to take time off for Jewish festivals and follow their Jewish traditions within the law.

Through Pikuach, we supervise religious education in Jewish schools, and we travel the country with the Jewish Living Experience exhibition, educating non-Jewish children and adults about our way of life.

We engage with Government ministers, MPs, local councillors, diplomats, faith leaders and with a huge variety of public bodies on behalf of the community we represent.

This festival of freedom reminds us how our ancestors suffered. It is our aim to ensure that our generation of Jews continues to live safely and happily.

Wishing you all a Chag Kasher ve-Sameach,

*Marie van der Zyl*

MARIEVANDERZYL

President - Board of Deputies of British Jews



## FIRST NIGHT SEDER

By Rabbi Steven Dansky

I remember the first time that I read the Magic Faraway Tree to my daughter. She stood there completely spell bound - completely transfixed by the exploits of the fairies and of the magical creatures in this great book.

The truth of this is that while I was enjoying her enjoyment of the story, my reaction to the story was quite different. Sure it was interesting, sure it was enchanting, but could I listen to it forever and a day? Was I thrilled and excited and scared all at the same time? I can't say that I was.

This got me thinking - what was the difference between myself and my daughter? The difference between the two of us was that I had read this, and stories like this many thousands of times before. Forget about the enchanted far away tree, the Lord of the Rings was far more exciting. I had experienced far more frightening and thrilling stories, and therefore the taste of Enid Blyton was paretv at best. Besides, I had my mother read the Enchanted Faraway Tree to me when I was a child.

Why am I telling you all of this? We are about to arrive at Seder Night, and we are about to tell a story again, the story of the Exodus of the Jewish people from Egypt. As a child, I can remember my excitement at finding the Afikomen and boasting to my friends how late I stayed up the night before. The story of the Exodus from Egypt was seen through the eyes of a child, and remained that for me - a child's story. I was no longer so excited by it because I had heard it already, and heard it on a very simplistic level.

The Haggadah tells us - in every generation we have an obligation to see ourselves as if we left Egypt. Why are we being told to see ourselves? Why isn't it good enough to read about it and understand it? What is the Haggadah trying to tell us? What are we supposed to be doing?

We are being told here to use our imagination - to think about what it must have been like - to pretend that we were there. I remember playing pretend games when I was younger - we didn't have TV games then - whether I was Superman (I was always Superman!) pretending, creating imaginary worlds is the primary occupation of a child.

We are being asked here to experience the Seder from a child-like perspective, with the intellect of an adult. We need to see the Seder again this year with new eyes - with the exuberance and excitement of a child.

It is for this reason that even if there are no children at the table, we still have the obligation to ask the four questions - even if they are in their eighties a couple have to ask each other the MAH NISHTANAH. This is because if you have ever met a four-year old child they are ALWAYS asking questions. We may be older, but we need to go into a time capsule tonight, and learn about YETSIYAT MITRAYIM in a completely new light.

Question, answer, find that Afikomen - find our youth, find our excitement and have an amazing Seder Night!

## THE PRESIDENT COMES TO CRANBROOK!

On Shabbat, December 7, we were delighted to welcome Michael Goldstein, the President of the United Synagogue, to our synagogue.

For Michael this was a "return visit" as he grew up in Ilford and attended Ilford Synagogue [now Cranbrook United Synagogue] where both his father, Jerry Goldstein and his grandfather, Sidney Witt, were wardens.

Married to Lara, with four daughters and a granddaughter, Michael was Chairman of Mill Hill Synagogue before serving as Chair of JW3. He was elected President of the United Synagogue in 2017, and is Chief Executive of City of London Group PLC.

Following an excellent sit-down kiddush, Michael told over 100 shul members how pleased he was to be back at the shul where he had grown up, and which holds many happy memories for him.

At a Q&A session in the Mark Lewis Hall, Michael told us there were a number of exciting events to look forward to when the United Synagogue celebrates 150 years in 2020.

Our thanks to everyone who took part in organising the event, especially the delicious kiddush.





Every year, it is our duty  
to tell the Pesach story.

**This year, it is  
Norwood's  
duty to tell  
their stories...**

**#SederStories**



**Why is this year different from all  
other years for Norwood?**



This year is different because Norwood will be spending it celebrating and commemorating **225 years** of service to the community. That's why, this year, it is our duty to tell the stories of some of the people Norwood has supported over the years. We will be telling these stories in a variety of ways over the coming weeks.

**Norwood has been here for our community for 225 years.**

With your support, we'll be here for ever. This Pesach, help us to keep telling the extraordinary stories of the people we support by donating at [norwood.org.uk](https://norwood.org.uk) or call **020 8420 6970**.



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## HISTORY IN THE MAKING

The following is an excerpt from the diary of Maurice Conway who was a crew member on a bomber during the Second World War. He was flying with the Canadian Air Force as he was seconded to them. Maurice was about 18 years old at the time of this event - he was a Rear Gunner on a Bomber. He once said that every time he was going down the runway he would recite the Shema.

420 [RCAF] SQD Tholthorpe Yorks Raid 31

### MY PIECE OF CAKE 31st August 1944

It is nice and peaceful on this last day of August. I am writing this sitting in thick grass outside our Nissan hut. The weather is very hot and before I go to the mess for tea I am jotting these notes down while they are still fresh in my mind.

My tour of operations is coming to an end. Today I went on my 31st mission as the Yanks call them. I have done more operations than the rest of the crew. Today's raid is the best I've ever been on.

The target was the ISLE DE CEZEMBRE off the coast of France near St. Malo. From the amount of bombs dropped on it, it is a wonder it's still there.

The day once again started early. We had our morning call at 4.30am, breakfast at 5am and briefing at 6am. It was to be another daylight raid. My geography of France is improving; funny sounding names, hard to pronounce. The briefing room was packed, it was to be a maximum effort; 165 aircraft from Six Group. An all Canadian raid.

The briefing was straight forward; there was to be a fighter escort [not that they were needed]. Clear skies all the way to the target. Apparently this island is packed with German troops who would not surrender, and naval guns on the island were shelling shipping in the channel and also the port of St. Malo. We had to change all that.

Take off was at 0800 hrs. We were in our own aircraft H Daisey Mae. We do not fly in formation but what is called a loose gaggle.

From my position I have a grandstand view, telling the crew who is flying along side us and behind. We know the other aircraft by their squadron letters. The weather was fantastic, clear blue skies with unlimited visibility, other loose gaggles of Six Group Aircraft joined us in our flight to France.

According to our briefing there are sixty five Six Group aircraft on this raid with Five G group aircraft marking the target [not that that was necessary!].

We flew at 3000 ft, most unusual for us, and having all my cold weather flying gear on it got very hot in the turret.



The sun beating down on me turned the turret into a hot house.

On reaching the target after nearly two hours flying time, the markers were already laid showing the aiming point. Then bombing commenced, after a small course alteration from the bomb aimer and bomb doors open, we dropped our package. The aircraft leapt up as the bombs fell away.

There was absolutely no flak at all, no fighters attacking us. It seemed incredible. What an easy target. A bomber's crew dream come true! No opposition. A PIECE OF CAKE.

It was then that I noticed the other aircraft, on dropping their bombs, started circling the island watching the other aircraft do their bombing. What a fascinating sight. The skipper joined the merry go round. We made several circuits of it before breaking off and heading home. With all nearly two hundred planes milling around it was getting dicey.

As I looked back at the target I could see the ripples of the explosions - a frightful sight. Rather them than me.

Our flight back was uneventful. The skipper didn't stop us chattering about the raid until we reached York, then made us pipe down.

We touched down just after 1300 hrs and after a quick interrogation made it in time for lunch in the mess. Crew all going to the Coach and Horses pub in York tonight to celebrate.

Have just been informed that the German garrison on the island has surrendered. Shame! Could have gone back tomorrow!

FLYING TIME 4 HRS. 30 MINS. NO CATERING ON FLIGHT.

Maurice Conway

*Note: My thanks to John Rowland for forwarding this article to me. Editor*



## HEALTH CHECK-UP AT CRANBROOK UNITED SYNAGOGUE

Seventy people attended Cranbrook United Synagogue's first ever Community Organisation's Open Day which took place in the shul's Mark Lewis Hall on 5th November 2019. Eighteen health and social care organisations offered advice and services included Jewish Care, JAMI, Jewish Blind and Disabled, Jewish Women's Aid, Redbridge Carers Support Service, London Borough of Redbridge Public Health, Bart's Health, Diabetes UK, Alzheimer's Society and the local Metropolitan Police. The outgoing MP for Ilford South, Mike Gapes also attended and was extremely happy that he was able to support such a well attended event. It was also a pleasure to see Rabbi and Rebbetzin Dansky at the event as they were able to speak to attendees and representatives from some of the organisations.

Visitors were able to get their blood pressure, cholesterol and sugar levels tested and have their heart rhythm checked for any abnormal readings.

Having discussed holding the event with the Welfare Committee and Members of the Executive, it was decided that we should go ahead. The majority of the planning was carried out by me but it would not have been so successful without the support of my husband Michael Silver and the shul's Welfare Committee including Reverend Newman, our Welfare Minister. The majority of the attendees came from Cranbrook United Synagogue, but other attendees came from across the area including Chigwell & Hainault United and Woodford Forest United Synagogue.

I was extremely delighted with the attendance and the feedback from the organisations present. It was a win-win for everyone: both attendees and organisations were able to network with each other and exchange information. My thanks were extended to everyone who came to the event, as well as Michelle and Estelle in the shul office, and the security and welfare teams for making sure everyone was safe and could make the most of the day.

Lorraine Silver  
Co-Chair - Welfare Committee



# “ANGELS OF THE SABBATH”

By Rabbi Steven Dansky

**R**abbi Peysach Krohn told a short story about Pesach, and it is one which haunts me to this very day. He said that he had a huge Seder, and all his family came to the Seder. He has a grandchild and the grandchild is running around in and out of the dining room, as is the way of kids. Rabbi Krohn has grandfather's rights and the next time his grandchild Avremi zoomed through, Rabbi Krohn managed to catch the little boy of seven or eight and put him on to his knee. They got to this very part of the Haggadah - where we say: In every generation there are people who would destroy us, and he is holding his cup up and singing, and as he sang, he started to cry. Here he is with his next grandchild on his knee, and he is singing about the fact that in every generation there is one nation or another who wants to destroy him and his grandchildren! How can we as Jewish people stand the hatred: a hatred which has not stopped with Pharaoh, has not stopped with Haman, or with Nebuchadnezzar, or with Titus, the Crusaders, the Spanish Inquisition or the Nazis? How do we carry on as a people?

Perhaps it is time to answer this question, with yet another story. When Rebbetzin Esther Jungreis was a young girl in Bergen-Belsen, she stood for roll call every morning with her head shaved and dressed in rags. It wasn't a pretty sight. All the prisoners stood still waiting until the Nazis came. Yet as young as she was, whenever she would look at the Nazi guards, she would say to myself, "Blessed be G-d that I do not belong to this people. Thank G-d that my father is a holy man and not a murderer."

The Rebbetzin's father was an incredibly special man - he truly was a Tzaddik. Every day while in the camps, each person received a small portion of bread. It was a meagre piece of bread meant for one person, and in no way did it remove the pangs of hunger. Nevertheless, her father would take his small ration of bread, make the blessing over it and eat just a tiny bit. He would then hide the rest away in great pains, and tell his children in Yiddish, "Kinderlach (children), count the days until Shabbos." When the Sabbath arrived, in the middle of the night while surrounded by mice and rats, her father would gather his children together and say to them again in Yiddish, "Close your eyes, my dear children. We are home. Mommy just baked delicious fresh challah. It is still warm." Her father would then take out those remaining precious crumbs he had saved and give them to his children. And then he would sing the beautiful hymn Shalom Aleichem and say, "Welcome to you, Angels of the Sabbath." On one such occasion, her younger brother pulled at his father's arm and said, "Tatty, I don't see any angels here. Where are the Angels of the Sabbath?" His father, unable to hold himself back, started to cry. He then looked down at her brother and gently said, "You my children. You are the Angels of the Sabbath." If you know who you are and you know that your life has meaning and purpose, then no matter what life brings your way, you will be able to walk with dignity. That was what her father inculcated into Rebbetzin Jungreis Aleha Hashalom.

I believe that in this story we get a clearer understanding of how we are to deal with the issues which face us - how our

children and children's children can deal with a world which will become so dangerous to us. We live in a world of violence, of citizens who become terrorists, of virulent anti-Semitism in Europe, and of assimilation in the United States.

However, as dangerous as all of these things may be, there is a danger which is far greater - the danger that we will forget what our most dear and most overarching purpose is, and it is more dear than external things which happen around us.

The most important thing in the world is for us to be aware of our ultimate destiny, and that is never in the hands of man; it is only in the hands of G-d and he is the one who will take care of us.

When we think that our destinies are dependent upon our enemies, the result is a situation in which the way that we act is immaterial. We can be as inhumane as we want to be - it doesn't matter - because survival is not dependent upon humanity. Eat all the bread that you are given, don't save it for anyone else, because at the end of the day, life is not about expressing spiritual realities, it is about looking at what our enemies are doing, and reacting to them.

On the other hand, the focus of a Jew who fears G-d is to be aware that his destiny is dependent upon G-d and not our enemies, to retain humanity in an inhumane world. The enemies that we may or may not have is immaterial for such individuals, because they are just the background to the greatest battle - to know whether they will lose their humanity by being in an inhumane environment. To know that it is G-d that makes the final decisions in our lives ensures that we are responsible to Him and to Him alone, and that without that knowledge - that ultimately our only salvation comes from G-d. When we focus on the fact that G-d wants me to be a mensch no matter what situation I am in, then it is G-d who saves us from the hands of our enemy. The enemy is not something that the Jew who fears G-d relates to. It is a higher calling to be humane and to focus on goodness and Godliness in an inhuman world.

When this happened, when her father gave the little food that he had to his children, when he expressed the qualities of Chesed and faith when all around him was cruelty and savageness, the father of Esther Yungreis expressed just this - they could kill him, they could do whatever they wanted to do to him, but at the end of the day his humanity made him the one in control.

We lift up the wine, because wine has these two qualities - it can either be something that we become servants to - something that makes us drunk, something that makes us lose control, and make us less humane; or we can lift that wine up - we can sanctify it by making a blessing on it - by turning the wine into something more. We recognise the maker of the world and in that moment, we recognise that it is from that - our ability to see true reality that makes us masters of our destinies in all situations and then there is no doubt that G-d will save us from the hands of all of our enemies.





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## WELFARE COMMITTEE REPORT

On November 5, 2019 we held a Community Organisations Open Day which was well attended and very successful; a separate article is included in the shul magazine. The event was well attended and everyone, including the various organisations, found it very useful by being able to network.

Reverend Newman, my co-chair Iris Taylor and the rest of the Welfare Committee continue to call and visit members at various venues. We have continued to ring many of our older members where humanly possible but we need more volunteers to help us keep in touch with them. If you have some time to make phone calls, please contact the shul office with your details. Many members are just pleased to hear someone's voice, have a chat and to know that they have not been forgotten, even though they cannot come to shul or to our events.

Prior to Chanukah we were asked by a Senior Hospital Chaplain if we could visit Queens and King George Hospitals. Of course, we said "yes" and we lit the Chanukah candles in both foyers. At Queens Hospital a young Jewish doctor came over and introduced herself to us. She was so surprised to see us but was happy when we told her where we were from and spoke about the size of the Jewish community in Ilford/Essex. She was a newly qualified doctor and had spent the week-end with her family in Pinner celebrating Chanukah as she would not be home due to work commitments. At King George Hospital visitors came over to our stand to ask us why we were there and had lit candles.



During Chanukah we visited a care home in Epping at the request of one of our member's family. Whilst celebrating Chanukah we also celebrated another Jewish resident's birthday. It was extremely memorable and the Jewish residents and their families were overwhelmed that we had driven out to Epping. It was unforgettable, even more so as another Jewish resident's husband asked if Reverend Newman would visit his wife in her room as she was extremely unwell. Both he and Iris went to visit her and Reverend Newman recited prayers; I was told that it was very moving and her husband could not thank us enough for visiting. We then drove to Winningales Court to light Chanukah candles, where tea was served with kosher mini latkes. Another enjoyable time with an opportunity to catch up with everyone yet again.



Finally, we visited Birchwood Care Home in Clayhall Avenue, the second time that we have visited and celebrated candle lighting with four Jewish residents. Another committee member, Jacquelyn Conner, came to the home as she knew

someone there with whom she had grown up. I was introduced to a Jewish gentleman and whilst talking discovered that we were on opposite sides of my father's family and I am in contact with his brother in Canada via Facebook; what a small world!

Our job still wasn't done, as the next day we visited Limewood Court where again Chanukah candles were lit, songs sung and tea served. We chatted with many of those in the lounge before our final destination, the Vi and John Rubens Home. Having lit the candles in the Unit upstairs, we then went to the Sugar Wing to light the large, wooden Menorah which was repaired and donated by Kay and Ken Demby. This Menorah had originally been used in the Earlham Grove Synagogue in Forest Gate where there had been a thriving congregation during the 1950s and 1960s; Iris and I both grew up in Forest Gate and remember the vibrancy of that shul in its heyday. Finally, into the main lounge in the residential wing where a few members of our choir joined us for the celebrations. A fitting end to a whirlwind over the first two days of Chanukah.



The year 2020 has arrived so now what are our plans? We are still asking people to volunteer and help us make telephone calls to our older members. We have also had requests from a few of our housebound members to be visited on a regular basis; to be a befriender. Again, if anyone is interested, please let the shul office have your contact details.

At the moment we are discussing what the Welfare Committee can do to celebrate Tu B'shvat, Purim and Pesach but at the same time not replicate what other shul committees have planned. Our aim is always to help our most vulnerable members, whatever their age.

Finally, Reverend Newman, together with the whole Welfare Committee are extremely proud that our co-chair, Iris Taylor, has been named as Woman of the Year. Pre- and post-merger, Iris has worked for the community in many ways. Not only to help shul members but at Sinclair House, as a hospital visitor and a befriender via telephone and in a personal capacity. We wish her good health and look forward to celebrating with her on Shabbat, March 7.

Wishing you all a Chag Sameach Pesach.  
Lorraine Silver - Co-Chair  
Cranbrook United Welfare Committee



# A TRIBUTE TO HERMI ROTHMAN

## A Man Of Many Parts

By Hilary Segall

For many of you, especially those former members of Clayhall, the name Hermi Rothman will invoke warm memories of delightful davening with tunes redolent of mittel Europe.

Hermi was a guiding light in the Clayhall Kehilla; looking back at all the Clayhall Kehilla magazines I found the newsletter when we became independent of Ilford United back in 1992, having broken away in 1972. Hermi, together with Martin Altman and the late Sam Chaplain, were our first official honorary officers from September 1992.

Hermi was born Hermann Rothman in Berlin in 1924. Hermi was 15 when he was one of the 10,000 children who came to Britain on the Kindertransport. When he was old enough to enlist in the British Army he was part of another 10,000 refugees (not all Kindertransport), who served in the armed forces.

At the end of the war Hermi derived much satisfaction at the fall of Germany and the total defeat of the regime which had caused his family so much suffering and his premature flight to England. Once the Allies started to rebuild and de-Nazify Germany and Austria, Hermi was posted to the 3rd British Counter Intelligence Section at Westerminke and then Fallingbostal. It was at that the latter place that his interesting intelligence work began. Hermi and a few fellow German-speaking refugees were involved in the interrogation of Nazi war criminals, including Hermann Karnau. At Fallingbostal one of Hermi's colleagues found Hitler's political and personal will and the addendum by Goebbels sewn into the sleeve-lining of the jacket of Heinz Lorenz, a POW, who was Goebbels' press attaché. That discovery led to Hermi's unit translating the valuable documents behind closed doors. If this story interests you further, then read "Hitler's Will" by Hermi.

Hermi became a real leading light in our congregation – his davening of Kol Nidre and Hineni after the mass exodus of Yizkor was a joy to behold. Intelligent and insightful it was always a pleasure to have a chat with Hermi and indeed, it was him and the late Ernie Lion, who told myself and Robert to go to Berlin and enjoy that city, even though their memories were less than pleasant ones. Hermi was a true stalwart of our shul – there in his corner seat at the back every Shabbat morning and evening, shacharit and mincha during the week. As the years passed Hermi found it too much to come to shul so only came with a lift during the week. At 96 the walk from Clayhall has proved too much so sadly we don't see him now. He may be out of our sight but never out of our hearts or thoughts.



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# PESACH PREPARATION

## The Elusive Horseradish

By Philippa Stanton

**P**assover has come round again, and with it the mad panic buying. Will we be able to get the wine we like? Where shall we do our main shopping? And most of all, will we be able to get Chrane (horseradish) this year?

Every year since I was small, we had problems getting chrane for the Seder table. When I was about seven and we lived in the wilds of Hertfordshire - not a Kosher Deli in sight - everything had to be brought in from London. My father schlapped the matzos and matzo meal, my mother ordered a special delivery of meat from Barnets (remember their Salt Beef sandwiches during the year?) - perhaps you're too young! The rest of the goods were ordered through our local International Stores - who managed to acquire everything with the Passover Seal; the only problem was Chrane. You would have thought in a country district, horseradish was available all the year round. But not so. After tramping round all the green-grocers in the area, my mother finally descended upon our local shop and bullied Mr Pike into finding her some horseradish.

Two days before the first Seder, a local man in a cloth cap came round to the back door sent by Mr Pike, asking how much horseradish we wanted. After a short discussion he went away and returned that afternoon carrying a brown paper bag. There was enough horseradish in the bag to serve us for the next ten years! Upon being asked the price, he mumbled something about it being no trouble. Mum offered him a shilling (5p now - but quite a lot of money then) and he gazed at in amazement. Such a large amount for such a small job! My mother insisted he "had a drink on us" and he went on his way beaming. He had dug up the horseradish from the railway embankment - the local railway official being a friend of his - and they both drank our health that evening! After that, we made sure that we planted some of the horseradish in a secluded spot in the garden, and when we moved some years later - the horseradish went with us!

Having a much larger garden with our new house, I planted the horseradish root near the kitchen, so that it was easily found. Having spent most of my time cooking in the kitchen, a few hours before the first Seder I usually retired to the bathroom, to relax in a hot bath. My father, who always left everything to the rest of the family suddenly decided it was time to think of the Seder Plate, and demanded Chrane. As I was otherwise engaged, my

brother and sister repaired to the garden to dig up the vegetable. I would lie in my bath and hear from the back garden, which the bathroom overlooked, discussions on where the chrane was. No-one could find it. This discussion went on for fifteen minutes or so, and usually ended with me getting out of my bath, and wrapped in a towel and bathrobe, opening the bathroom window and directing operations from there. When the horseradish was eventually found, there were a lot of complaints about "How were we to know it was there?" Horseradish has always been difficult to find around Pesach time. It grows big, fleshy leaves during the spring and long stalks of small white flowers during the summer, but manages to hide during the winter and does not surface until after Pesach - no matter how late Pesach is!

When I moved to a flat in Newbury Park, I did not have my own garden. To overcome the horseradish problem, my brother planted a large root in his garden up north and brought down enough for our use. However, I discovered a recipe for horseradish sauce (pareve horseradish mayonnaise, actually) to go with chicken, cold meats or cold fish and therefore used more horseradish than we did just for the Seder plate. I was then told that horseradish was growing in the shul grounds at Newbury Park but that no-one could locate it! With the permission of the Honorary Officers, and encouraged by the Secretary, I went on a Horseradish Hunt and found it immediately! After so many years, I could recognise a horseradish sprout at twenty paces! It can't hide from me! I dug up quite a lot - most of which I left at the shul for the Secretary and anyone else who wanted it. The only problem was that I became the shul's recognised horseradish provider and before each Pesach spent one morning digging in the shul garden! Still, it made a change from housework! When we left Newbury Park Shul to merge with Redbridge, for various family reasons we decided to go away for Pesach, and we have done so for the past four years.

Although I miss all the excitement of preparing for Pesach, being in a Kosher Hotel does have its advantages. It's great to be able to attend all the Shabbat and Yom Tov Services without having a long walk to a shul through indifferent weather, to have excellent kiddushim and meals served regularly - and someone else has to worry about finding the horseradish!





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# BROOK GUYS' AND GALS' CLUB

## WHAT'S GOING ON?

Amid the hustle and bustle of Gants Hill, you'll find an oasis of calm, in a quiet corner of Beehive Lane. This can be found at No. 22, The Cranbrook Synagogue Community Centre and Social Club. We're here, every Monday throughout the year, (except on Yomtanim), where you'll find the Brook Guys' and Gals' Club.

Sadly, in the early 60's, was the demise of the long-standing Friendship Clubs. Now, like the Phoenix, although there is nothing like the original, into the 21st Century there is a new 'kid on the block'. Enter the portals and you will find, not a revived forty-five, but a bevy of septuagenarians. Our meeter and greeter will immediately make you feel at home.



You will be greeted by two friendly ladies who will welcome you and will take your subs, just like in the good old days at Brady, Brenthouse, Victoria and Stamford Hill clubs. (Please don't be offended if I have missed out on any of the venues you may have attended). As you arrive you will be served tea, coffee, biscuits and cakes, by the maître d', Colin W Emden and his fellow organizer, Philip Shamplina. This is just the hors d'oeuvres, but I have been told, the best is yet to come.

Here there are no strangers only friends you've yet to meet.

Join the card school, play solo, whist, poker, kalooki, or bridge. Also dominoes, draughts, scrabble, monopoly and other board games. You can also play table tennis. Maybe you'll join the discussion groups, reminisce about the good old days, enjoy a good laugh, read the papers, even have a schluff. At lunch-time you will be served with soup of the day and a roll (seconds can be requested). Also tea, coffee, biscuits and cakes are on offer.

Each week there are different types of entertainment. Most recently we had an ex-Savoy Hotel chef giving a demonstration of culinary delights. Forthcoming events include: a singing group, bingo, a stand-up comedian, quiz, piano recital, a talk by somebody from CST, and many other events.

The Brook Community Centre is open from 10.30 a.m. until 3.00 p.m., admission is £4. Why not drop in after you have done your shopping, you don't have to stay all the time. No pass-outs. The Centre is open to all in the community. A good place to meet new and old friends.

So when you come to town today, get away from the roar of Gants Hill traffic and start the week off by loving Mondays at the Brook Guys' and Gals' Club. Doors open 10.15 a.m.

Don't bother to write your own note with any excuses, if we don't see you there.

For any enquiries, please contact either: Colin W Emden 07860 313822 or Philip Shamplina 07949 626677.





# GENERATION 2 GENERATION

## Preserving the Power of Testimony

**W**hen Anita was nine years old her mother, Naomi, cuddled up in bed with her and told her the appalling story of what had happened to her in Auschwitz. Unsurprisingly, the memory of what she had been told had a lasting effect on the child and now Anita is one of the founder members of Generation 2 Generation (G2G), an organisation that supports and encourages second and third generation descendants of Holocaust survivors to retell the experiences of their parents or grandparents.

Helen's mother, Emmy, was equally frank with her daughter, who grew up knowing that her grandfather had been in Dachau concentration camp and that her mother and grandparents had escaped death by the skin of their teeth, arriving in Britain just before the outbreak of war. Helen, too, is a founder member of G2G.

Lesley's mother, Eva, spoke often about her experiences in Germany before and after Hitler and the Nazis were in power and of how she and her younger sister, Ulli, had to leave their beloved parents to come to England on the Kindertransport. Lesley, who is now co-chair of G2G with Helen, is already busy sharing her family's story, including what happened to her grandparents left behind in Germany. These three examples illustrate the wide variety of Holocaust experience and demonstrate the importance of preserving testimony in all its forms.

You may be wondering why we need yet another Holocaust organisation. Those that exist already recognise fully that in ten or fifteen years' time the current dedicated group of survivor speakers, already in their 80s and 90s, may no longer be with us to talk about their experiences of surviving persecution. The question arises of what we, the next generation, can pass on from those who have passed on.

We do not want to replace existing speakers but believe that it is vital that the next generation should be ready to take over the work of their parents, so that their unique memories will not be lost to young people in the future. Our aim is to supplement the pool of first generation survivors with well-prepared, high quality second and third generation presenters who will make full use of modern multimedia techniques in order to engage the attention and spark the empathy of today's teenagers.

Critics will say that this is just not the same as hearing a prime historical account and in some ways they will be right. It can never be the same. A second generation speaker can, however, bring something else. The voice may be stronger and more dynamic, while the emotion and passion that stem from the close family link are still maintained.

You may have heard about the amazing and imaginative holograms that recreate a real image of a survivor who is then able to answer pre-programmed questions. This is another excellent answer to the problem that we face. Our approach provides the compelling immediacy of hearing a real live person engaging with an audience - a person who knew the survivor intimately.

Since Generation 2 Generation was formed, some two years ago, we have trained and supported a number of speakers who can step in at short notice to deliver powerful and engaging presentations to groups of young people. When Helen's phone rang one evening last February the voice was anxious and the tone urgent. The caller was one of the organisers of Northwood Holocaust Memorial Day Events educational sessions. "Our speaker is unwell. Can you take her slot tomorrow morning?"

As one of a handful of second generation Holocaust speakers prepared and willing to present a parent's story, she was able to step in to replace the elderly lady survivor. The two hundred or so teenagers assembled from non-Jewish schools throughout the Northwood area did indeed hear a highly personal account but in a slightly different format and from a different perspective.

Our hope is that we can work with the existing Holocaust education organisations who promote and design Holocaust education programmes by providing speakers for a range of establishments. So far the response to our initiative has been very positive. There are many members of the second and third generations eager to get involved in our work and who appreciate the support we can offer.

G2G aims to raise awareness of the Holocaust and to create empathy especially amongst young people. We want to challenge all forms of discrimination and prejudice and create a greater understanding of the plight of refugees. Finally we want to combat Holocaust denial and promote greater tolerance of "the other." These are highly ambitious aims but ones that we must not lose sight of in our current political and social situation, in which antisemitism and other forms of racism are once again a threat - one that can be best combated in the long term by education.

If you think you have a compelling story to tell of a parent or grandparent who survived the Holocaust and could pass it on to young people in a powerful and engaging format, please do get in touch with Generation 2 Generation at [office@generation2generation.org.uk](mailto:office@generation2generation.org.uk). We would love to hear from you and you would be welcome to join us at one of our regular coffee evenings, at which you will hear extracts from completed presentations and can ask questions about the process of creating your own presentation.

## “ASK ME” AMBASSADOR TRAINING

By Joanne Green

At the recent Welfare Event held in the shul, I decided that I wanted to get involved with some voluntary work. I had a chat with Jewish Women's Aid (JWA) and they told me about some upcoming training.

Jewish Women's Aid supports Jewish women and children affected by domestic abuse and sexual violence. They support and empower Jewish women and girls, who are experiencing sexual and/or domestic violence in a culturally sensitive way.

So, off I went to do two days of training to be an 'Ask Me' Ambassador, not really knowing what it was all about. There were ten women of varying ages all there for the same thing. We were told that some of the information we would hear would be informative but upsetting and that this was a safe and confidential space to talk and learn.

You think you know a lot more about this issue and the reasons behind it. Jewish women who are abused roughly take eleven years to talk about it. This is one of the areas that we discussed. As a strong, married woman myself, the thought that anyone would keep quiet was fascinating and slightly scary; but when you start to discuss you realise that embarrassment, shame, fear of not being believed, peer pressure (Jewish men don't do that!) and the 'everything will be alright' attitude, it becomes NOT surprising.

A thought might be that men also face abuse which is true, but the vast majority of abuse is perpetrated by men - whether towards a female or male partner.

A big part of this training was to open our eyes about the victim blaming and how in our role as 'Ask Me' Ambassadors, we should try and dispel these thoughts where we can. As an example, we are talking about how people say 'he was only violent/nasty when he was drunk'. This isn't an excuse for treating someone in a horrible way. If he was out for a drink with friends, he isn't violent with them, he uses it as an excuse.

We were taught the different types of abuse, how to spot it, and how to help someone by listening, being non-judgmental, kind and informing them of how they can get some help. For many women this is a long and difficult road but one worth taking, to empower them to have a better life and be treated with respect and love.

An upsetting thing for me was that four out of the ten women present on this course had been abused. You look at them now and you would never think it is possible. I have to open my eyes and accept that it could be happening to anyone.

If after reading this you would be interested in the 'Ask Me' training, please get in contact on the number below. Also, after reading this, if you would like to approach me, please do so or you can go directly to JWA, either by calling on 020-8445 8060 or emailing: [info@jwa.org.uk](mailto:info@jwa.org.uk) There are specialist services available to help you. Don't wait eleven years!

### Shalom - Our Magazine

Many thanks to all our contributors. There are some excellent articles from our members.

The next edition of the Shalom Magazine will be the Rosh Hashanah 5781 Edition. If you have any interesting or amusing articles with a Jewish content which you would like to include in the Rosh Hashanah Edition, please email them as early as possible: to [stanton.philippa@gmail.com](mailto:stanton.philippa@gmail.com).

All articles must be received by 15 August 2020 at the latest.

I look forward to hearing from you.

Philippa Stanton - Editor



## A LESSON IN EDUCATION

Since the merger last May the Education Committee have tried hard to provide the community with varied programmes.

Our first venture was Shavuot and a luncheon with Rabbi Gideon Sylvester as our Scholar-in-Residence. Just prior to that was the Ladies' Sefer Torah evening, an evening where the ladies were able to see the Sefer Torah from beginning to end and be inspired.

Swiftly on the heels of Shavuot we continued with the successful Spirit with Spirits that was instigated by Rabbi Dansky at Redbridge, as well as the regular monthly Sunday morning breakfasts to coincide with Rosh Chodesh and the Ladies' Rosh Chodesh monthly meetings.

After Tisha B'Av with a film to round off the solemn day of prayers, Cranbrook United hosted the annual Selichot service and then we embarked on the High Holy Days, with explanatory services and discussions on Yom Kippur; then to our Pizza in the Hut on Simchas Beis Hashoeva to the accompaniment of music and singing. The Rabbi ran various lectures for both men and women.

This year Mitzvah Day took on a different look – we decided to work with a homeless shelter in Ilford and the community was asked to donate “food on the move” and warm hats and gloves. The community responded magnificently and on the Tuesday we took all the donations and gave them to the shelter (you can read more about it elsewhere in the magazine and see the pics).

Chanukah saw us holding a candle-lighting ceremony on the first night with hot dogs for supper following a circus skills workshop for the younger generation. If you can now juggle holding your siddur and chumash in one hand without dropping them then you learnt well!

Into the new decade saw the commencement of the Hebrew Reading Course, as well as a return to Spirit with Spirits. The Danskys, in conjunction with both Woodford Forest and Chigwell held a Young Professional Friday Night Dinner which was very successful.

At the time of writing this we have a Melaveh Malka planned with guest speaker Rabbi Jonny Hughes and Rabbi Dansky on the piano, our Woman of the Year Shabbaton and guest speaker, Dr Lindsay Simmonds, followed by Purim and bingo! Future plans include a fun day trip out in the late Spring/early summer, a Yom Hashoah event with a Holocaust survivor speaker and then Shavuot, which brings us nicely back to the beginning!

If you have something which you think the Education Committee should put on please do come and tell us. If we don't know we can't put it on!

Please do try and support our events – we know that not everything is to everyone's taste but why not try something new? All events are listed in the weekly newssheet and are emailed as well. We look forward to welcoming both old and new faces to Cranbrook United's Education programme.

Hilary Segall  
(Chair Education Committee).

## Delivery of Magazines

We would like to take this opportunity to thank everyone who spent their Sunday morning putting the Shalom Magazine into envelopes.

Many thanks also, to all our 'post persons' who regularly hand deliver our synagogue magazine - your time is greatly appreciated. If you feel that you can help with magazine deliveries in the future, please contact the synagogue office.

The Magazine Team

# HOLOCAUST STAND TOGETHER

By Linda Stanton

**T**oday all children are taught about the Second World War and the Holocaust. This did not happen when I was growing up. People were tired of war. They wanted to put war behind them and plan for the future.

The first inkling I had of the Holocaust was in 1952 when, at the age of fourteen, our school arranged an exchange visit with a German School. Naturally I wanted to go. My parents refused to let me. They said that as the Germans had been “unkind” to the Jews they did not want me to go to Germany.

It was not until several years later when I was working in the Library at the Royal Institute of International Affairs, Chatham House, that I came across the Holocaust again. One of my jobs was to file the old books in the basement. There was little work to do, so I spent a lot of time reading the books there.

I decided to improve my German by finding a German book with pictures and reading the captions under each picture. It was then that I came across a book full of black and white and sepia photographs of the concentration camps and the people in them. This book awakened my interest - I was sick for two days after reading it! I began to find other books and learned a lot about the Holocaust.

My next encounter was when I was at university. I was staying with a Jewish family and became very friendly with them. My landlady came from Germany. She was lucky. She came to England in 1936. The rest of her family, including all her relatives were killed in the Holocaust. She told me that it was very difficult to leave Germany and that even if you did, few countries would accept German refugees. They were often refused entry into the countries where they had landed.

That year, I spent the long summer holiday with a group of students in Israel. The journey took a week.

We had to go by train to Venice, then to Haifa by boat. I spent five days on the boat sleeping on the deck. We spent five weeks in Israel. One week touring the country and four weeks working on a kibbutz. My month was spent at Givat Brenner, a large kibbutz founded by German refugees sometime after the First World War.

I was told by the kibbutzniks that some of them had been illegal immigrants. Until 1948, Israel (then called Palestine) was ruled by the British who had a mandate. They restricted the number of Jewish people who could settle in Palestine. British ships blockaded the port and sent back ships that arrived in Palestine. Sometimes they imprisoned the refugees in the Atlit Detainee Camp. Some people were able to avoid the blockade and landed in Palestine with the help of the Jewish people already there.

In 2018 I visited the Atlit Detainee Camp as part of the US Seventieth Anniversary Mission. It is now a museum. Our guide had been an inmate. He said the British often deported the residents. This happened to Holocaust Survivors after the Second World War. I was surprised to find that few people on our trip knew about this. It made me realise how important Israel is to us.

While I was still at university I also took a holiday in Europe staying in youth hostels. At that time Germany was divided into two states, West Germany and the German Democratic Republic (GDR). The Germans I met in the Youth Hostel were very upset about this division. I said that they could hardly expect me to sympathise with them, as I was Jewish and the Germans had killed six million of my people. Their answer was that “no-one could blame them for that.”

Since my university days I have visited many of the sites which once had large Jewish communities. I have been to Auschwitz Birkenau, where over a million Jewish people were killed and I joined in



saying Kaddish there.

In 1993 with the JIA I visited Theresienstadt, The Jewish Ghetto. Our guide, Dana, was a native of Prague - she had been born in a village near Theresienstadt and her family had been taken to Theresienstadt when she was small. Dana's father had been a doctor but when restrictions were placed upon the Jews, he was only allowed to practice on Jewish patients - other patients had to go to other doctors.

Theresienstadt Ghetto was a concentration camp with one exception - Jews were not murdered at the ghetto but taken elsewhere. Theresienstadt had been a fortress and converted into a concentration camp because it was impossible to escape from, and had a railway line to Germany. The ghetto was evil. Depressing. By trying to convert the ghetto into a normal town they had not managed to change what had happened to the Jews. All that remains are one or two landmarks and the Jewish Museum with its horrifying contents.

Our group left the town itself, travelling via the Jewish cemetery and followed the line of the river, where thousands of boxes of ashes from the cremated Jews had been thrown into the river. Here the (then) Chief Rabbi, Dr Jonathan Sacks, spoke and Kaddish was said. Then we threw flowers into the river as a token of our respect.

In 1996, I went with the JIA (Joint Israel Appeal) to Babi Yar, a ravine on the outskirts of Kiev in the Ukraine. On Kol Nidre 1941, Jews were taken to the ravine and relieved of all their valuables and clothing. The Nazi's shot the Jews and their bodies were piled into the ravine. According to German records, 33,771 Jews were killed that night. One of our group read a poem, then each person lit a memorial candle and laid a stone on the steps of the memorial. We then threw white carnations into the ravine and sang the Hatikvah.

It worries me that 75 years after the Holocaust ended there has been an upsurge of anti-Semitism throughout Europe and America. Anti-Semitism is a light sleeper. If Israel had existed before the Second World War, not so many people would have been killed by the Nazis. Only if Jews remain united and support Israel, will the Jewish State continue to survive.

## AJEX ANNUAL REMEMBRANCE CEREMONY AND PARADE

Once again, our shul was represented at the 85th Annual AJEX Remembrance Ceremony and Parade on November 17 at the Cenotaph, Whitehall, to honour those who died in all wars and show respect for our veteran community. This year, members collected under two banners - our old Redbridge Synagogue and our new Cranbrook United Synagogue banners.

We also commemorated the day with a special kiddush for members of AJEX on Shabbat, November 16, in memory of those fallen Jewish soldiers, who paid the ultimate sacrifice for their country for liberty and freedom from tyranny.



# A WEEK IN THE LIFE OF A REBBETZIN

By Rebbetzin Siobhan Dansky

I think that the job of Rebbetzin is the only position in the world that you can be appointed to because your husband passed his degree! It is a varied job, and different weeks bring their own unique challenges and tasks to be fulfilled. I thought I would take this opportunity to share a glimpse into what I do for Cranbrook United from one week in January 2020.

Sunday:

Whilst my husband is at shul for services, I get on with my usual Sunday morning tasks of clearing up from having had lovely guests from the shul over for Shabbat lunch, putting in the first load of laundry, and working out how far I can stretch the Shabbat leftovers for weeknight suppers. My girls get up at their own pace and get up for breakfast. It takes a little bit of motivation to get them upstairs and dressed before they come down to say their morning davening, and then get stuck in to their homework. This week the carrot on the stick is that if they get their homework done, then they will be able to go to their friend's birthday party and Bat Mitzvah reception respectively. While they are doing their homework, I am busy preparing for the first lesson of our sold out Hebrew Reading Crash Course. After homework and a quick lunch, it's time to change into party clothes and then hop into the car to travel over to NW London for the birthday party and Bat Mitzvah, with a quick stop to buy supplies for tonight's Hebrew class on the way. The evening is the usual routine of supper, bath-time and early to bed for my girls. 8pm hails the start of the first Hebrew Reading Class, and it is fantastic! The atmosphere is relaxed and fun, and everyone puts in a tremendous amount of concentration and effort and are all reading short sentences by the end of the class. We do run over a bit (actually, a lot) but only because we are covering so much ground and everyone is doing so well. By 10pm everyone has left and it's time for me to sleep.

Monday:

6am and my alarm rings to make sure I am up and fully dressed by 6.30am when I need to wake up Talia. 7.10am and we are all up, dressed, teeth brushed, breakfast eaten and large coffee in my hand, and we're into the car for the school run to Edgware. Back home by 11am and time to make phone calls and send messages about the Ladies' Lunch and Learn happening the next day, and take some time to prepare my material for the discussion. This week is all about Meghan and Harry's decision to stand down from Royal duties, and what Jewish Ethics have to say about the idea of crowns, royalty and the responsibilities that go with it. I also have to think about the menu for the upcoming Young Professionals Friday Night Dinner at

the end of the week. Before I run back to school at 2pm for pick-up, I have time to design a poster for the upcoming Ladies' Rosh Chodesh guest speaker event at the end of the month. 5.30pm and we are home from school for the usual homework, supper, bath and bed routine before my husband comes home from shul at 7.45pm and then we can finally sit down, eat supper and relax.

Tuesday:

Morning routine as usual. I come home to put the final tweaks to my Lunch and Learn class before going over to the shul for the session. We have a great turn-out for the programme and even have to set an extra table to fit everyone in! Lunch is a delicious spread of rolls, dips, veg, cake and fruit. The discussion is extremely lively - everyone has an opinion on Meghan and Harry, and the quote from the Ethics of the Fathers about crowns brings a different dimension to the conversation with everyone finding a way to interpret the text and relate the meaning back to our modern day scenario.

Wednesday:

Back from the morning school run in time to catch the last snippets of my husband's advanced level shiur for ladies at home. There's just enough time to put on a laundry load before sitting down with our Women's Officers - Lorraine and Claire - to plan our events for women through until the summer holidays and beyond. We have lots of exciting plans for more Lunch and Learns, Rosh Chodesh evenings, pre-Pesach recipe swap and a fabulously exciting "Bat Mitzvah Revisited" course for anyone who did not have a meaningful Bat Mitzvah experience when they were 12 (which includes me). Watch this space for more details. After the meeting, it's time to finalise the food order for Friday Night Dinner as the numbers have continued to climb and we need to increase the order by half again. Then it's back out the door for the school run again.

Thursday:

By now, the end of the week is in sight. After the morning school run, it's time to start shopping for Shabbat. Kosher Kingdom, Amors, Kosher Deli, Daniel's Bakery and Tesco are all on my hit list! I finally get home around midday and it's time to start cooking for the afternoon while my husband prepares the activity for Friday Night's entertainment. Every time we have guests for Shabbat meals (around 2/3 Shabbatot each month) we play an ice-breaker game. My husband, or sometimes one of my children, will come up with a question such as, "where would you like to travel in the world that you have never visited before?", or "what was your favourite



childhood book?”, or “if you could be a character from any movie, who would you be?”. This time, as we have almost thirty people booked in for dinner, he has decided to write enough questions for one per person. Tomorrow he will print them out, fold them, and will hide one under each plate at the table for the guests to find and answer when they sit down to eat.

Friday:

After the usual school routine, it's time to go back to Golders Green to collect the food for dinner. (Siobhan's top tip: always line the bottom of your car boot with black bin liners as the food is highly likely to spill and you don't want your car smelling of chicken gravy for the next fortnight). This time, it's Reich's and Sushi Haven on my hit list. Most of my order is ready, but dessert still has not arrived from the factory, so this delays my morning by an hour. Food finally all accounted for and it's time to go home to set up. As I walk in the door, my husband is already on the way out to collect the children from school! (Shabbat starts very early in winter, so school closes at lunchtime). While he is out, I set up the tables and chairs with help from Marcus from Aish Essex who will be joining us tonight. We also wrap the trays of food in foil to prevent further spillage in my oven. Hotplate is set up, hot water urn prepared, oven timers are set and it's time to start getting showered and changed for Shabbat. Finally, it's time to light the candles and sit down... for 5 minutes until I remember I still need to make the salads for dinner. 7.30pm and the Young Professionals arrive. The house is jam-packed. Any more guests and we would have either been sitting in the hallway or in the shul hall instead. Fortunately, the room is just big enough to hold everyone. We make kiddush, wash our hands, make hamotzi on the challa, and everyone relaxes into a fabulous evening of good food and wine, great company, and creative answers to all my husband's questions. Talia shared a beautiful D'var Torah that she had learnt at school that week about the parsha, and then ended off bensching by singing Oseh Shalom as a solo rendition, much to the guests' delight. The final guest leaves around 11pm, so I finish tidying up the kitchen and flop into bed.

Shabbat:

We get to lie in a little bit and take it easier than we do the rest of the week in our morning routine. There is a good turn-out in shul, and the service is lovely as usual. There are no special occasions in shul this week, so it's nice to be able to spend time shmoozing with community members. As usual, I am in and out of the service, checking on the children upstairs, saying hello to members as they come in to shul, and chatting to the ladies in the kitchen, in between joining in the service in the main shul. Knowing that Friday night would be a late one, we had decided not to have guests over for lunch the next day. It's a special time for us to connect as a family after a hectic week. Maya shares her D'var Torah with us, and we talk about the things that happened in our week and the upcoming birthday parties and Bat Mitzvas in the week to come, and so the cycle continues.

## Anyone Can Write ...

It always surprises me when I hear the number of excuses people put forward to get out of writing something for the shul magazine.

I have edited shul magazines for many years and one of the best articles we printed was written by a retired lady, who visited Israel for the first time with her husband on one of the JNF trips.

On her return, she started to tell me about the tour and how exciting it was.

“Don't tell me,” I said. “Write an article for the Shul Magazine for everyone to read”. “I couldn't” she wailed, “I can't spell and I've forgotten my grammar!”

“Don't worry about that”, I replied. “I'll edit your article and correct any mistakes you make. Just write it as it happened!”

Anyone who read the finished article knew, without looking at the signature, who had written it! Shirley had written just as she had spoken and the result was unbelievable! For someone who had “never written before” it was splendid.

I'm sure most shul members have at least one incident/story with a Jewish theme that they would like to put in our shul magazine. Don't worry about spelling (we can spell) or grammar (we can edit if necessary) but take to the computer and send your entry to me at: [stanton.philippa@gmail.com](mailto:stanton.philippa@gmail.com).

If you prefer putting pen to paper - we can accept that also. Just write your article out clearly and post or drop it in to the shul office marked for my attention and I will type it up for you. Write? Right!

Philippa Stanton - Editor

## TO CONGRATULATE OR NOT!!!!

As the wife of the newsletter compiler I occasionally hear my husband saying, "It's impossible always to please everyone".

From time to time there have been issues from a very few members of the congregation about why their name was missed off the congratulations part of the weekly newsletter.

As you can clearly see, the newsletter is only "so big" and trying to get everything on it is a difficult task. The yearzeit list is so long, the print must be so small that sometimes it's hard to read.

I'm sure you're all aware that in the past few years we have amalgamated twice, first as Redbridge United and now as Cranbrook United, who we are today, with over 900 members.

So going back to Mazeltov's: if you have a special birthday that ends with a "5" or "0" and you are over 70, or anyone over 90, also, for men - you reach your second Barmitzvah, you will get a mention. Obviously, it won't specify what your age is, unless you reach the magic 100.

If you are really desperate to have your birthday in the newsletter and you don't fit any of these criteria, then you can always sponsor the newsletter!!

Ruth Abrahams

Note: As mazeltov's are now included in the weekly newsletter, we are only including the obituaries in the shul magazine. Editor

## HEBREW CLASSES

As a member of the Cranbrook United Synagogue, I am ashamed to say that my husband and I were not regular shul-goers except on High Holy days. The simple reason is that we found it difficult to access, due to not being able to read and follow the services.

When we heard that our Rabbi's wife was running a crash course on how to read Hebrew, we felt this would be very beneficial in helping us understand the services. We therefore decided to give it a go.

The entire experience has been a delight; it is a wonderful feeling now being able to read a little, and to follow spoken Hebrew more confidently.

Admittedly, we are still a little slow; however, with practise, we hope to become faster.

We both enjoyed the lessons so much that we now practise every day for 20 minutes!

The Rabbi's wife was a lovely teacher; so patient with all of us and she made us all feel inspired to learn again. I would definitely recommend this crash course to all who would like to learn to read and follow Hebrew services.

Now, my husband and I look forward to attending shul regularly, knowing that we can take a more active role in prayer.

Anyone interested should contact the shul office.

Thank you Siobhan.

Sylvia and Cyril Stoller



## NEW ROLE FOR WOMEN

In 2019 Chief Rabbi Ephraim Mirvis introduced the new role of Women's Officer in United Synagogues to improve the experience of women in shul. Rabbi Mirvis said that 'the purpose of this new portfolio is to ensure that our synagogues are welcoming and inclusive.'

As a result of the merger between Redbridge and Ilford United Synagogues, we now have two Women Officers in post, namely Claire Barzilai and myself, Lorraine Silver. This will only be for the first year; when we have our AGM in May only one women's officer will be elected on to the synagogue's team of Honorary Officers. So for the time being, Claire and I have double the amount of influence in the decision making process!!

But apart from this new role, what else are we involved in? Prior to and since the merger I have been working as co-chair of the Welfare Committee alongside Iris Taylor, who is Woman of the Year. I also work with Reverend Gary Newman, who is the Welfare Minister. Since the merger we now have more members and with the help of Reverend Newman, Iris and the Welfare Committee I organised an Open Day last year (see separate article). I help with contacting our senior members and also help with the different events during the year, for example, Chanukah candle lightings (please see separate Welfare article). Without all members of the committee and others I could not carry out all the work that I do on behalf of the community.

Now, what is Claire's position in the synagogue? Apart from this new role, Claire heads the Ladies Guild, organises the catering and the kiddushim introducing soups, teas and coffees. I know she is extremely grateful to all of those who give up their Friday morning to help her prepare and set up on Shabbat morning, as well as special kiddushim and festival events.

So, how can the women's officer be of further benefit to the synagogue's female members? Women can already hold the position of chairman, vice-chairman and financial representative but not the post of warden. This new role allows us to liaise with the wardens and work alongside Rebbetzin Siobhan Dansky to make it easier for women to take part in services, where they can, for example, recite Kaddish. Initiatives which have been implemented include the Rabbi bringing the Sefer Torah to the mechitzah during the Shabbat morning service, so that women who wish to kiss the Torah can do so. Also, when we celebrated Simchat Torah, women had the opportunity of dancing with the Sefer Torah. Women are now delivering their own sedra synopses which are read out before the Torah is removed from the Ark.

At the moment we are working with Rebbetzin Dansky in relation to running the monthly Ladies Lunch and Learn and Ladies Rosh Chodesh sessions. Occasionally, speakers are invited to talk on various topics; our latest speaker spoke about her faith and spiritual journey learnt from looking after a disabled child. Currently, Rebbetzin Dansky and Claire are working on an exciting new initiative, a Batmitzvah course for women who didn't have the opportunity to study for this or want to have a more meaningful experience second time around.

Claire and I have already been involved with the issue of the mechitzah that is used in the women's section on the ground floor during Shabbat and other festivals; also, about making this area much easier for ladies to access. At the moment we are working with the Building Committee to completely refurbish the ladies' toilets upstairs and downstairs. We are also making sure that the ladies' facilities are inviting, safe and secure so that babies can be breast-fed and changed in private.

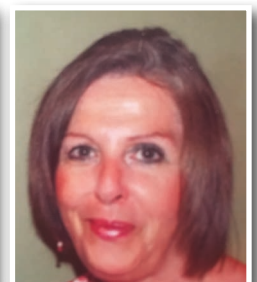
We also belong to the United Synagogue's Women Officer's telephone app where all of us can share ideas. The synagogues involved are across the whole of London and vary in their observance. Topics that are shared are women making announcements in shul on the bimah before Adon Olam is sung, women walking with the lulavim on their side of the mechitzah during Succot and during a 'ladies service' batmitvah girls read from the sedra in Hebrew.

We are here to help and support women in all areas of synagogue life. We actively welcome any thoughts or suggestions as to how we can make Cranbrook United Synagogue more women-friendly.

As we move towards more inclusive times, we hope that in the future there will be more opportunities for women to take part. Watch this space!!!

Wishing you all Chag Sameach Pesach.

Claire Barzilai and Lorraine Silver  
Honorary Women's Officers



## SOCIAL AND PERSONAL

### Mazel Tov

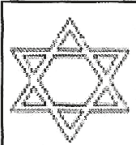
We would like to wish Mazel Tov to all those who have celebrated an Anniversary, Birth, Bar Mitzvah, Bat Mitzvah, Special Birthday or other Simcha.

### Condolences

We offer our condolences to all those who have suffered a bereavement this year.  
Our thoughts are with you at this time of sorrow.

To the family of each of the following:

Rita Aaronson	Phyllis Delow	Max Lefcovitch	Frances Silverstein
Dennis Abrahams	Norman Ginsberg	Stuart Levison	Leila Sinclair
Rachael Abrahams	Natalie Golstein	Helen Lyndon	Joan Slowe
Betty Acton	Esther Gordon	Michael Mandel	Tilly Stern
Maurice Adler	Evelyn Green	Michele Messias	Wendy Walters
Sydney Block	Yolanda Guns	Denise Pinner	Juliet Wise
Sylvia Bragman	Raie Harris	Marylin Rosenberg	Myrna Woolf
Raie Clifford	Sarah Kunick	Edna Rudd	
Alan Cooper	Anita Lawrence	Colin Schiffman	
Herman De Leeuw	David Lee	Leslie Sherman	



## Gary Green Memorials

14 Claybury Broadway,  
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# AN INTERVIEW WITH REV. GARY NEWMAN

Conducted by Colin W Emden

**CWE:** We have reached our first year's milestone after the merger of Redbridge and Ilford; how satisfied are you so far.

**Rev.G:** We are blessed with a beautiful shul, something which we can now call our own. Redbridge was good but the building was not ours. Here we have our own proper shul.

**CWE:** You are Community Welfare Minister, what does this entail?

**Rev.G:** Looking after the community in general, attending lavoyers and stone settings where I am able to help those close family members over these very traumatic times, which, I am glad to say have not been experienced before. I also visit hospitals when our members are unfortunately taken ill and visit members at home to give moral support whenever I can.

I am glad to say I am very ably assisted by all members of my Welfare Committee which is co-chaired by Lorraine Silver and Iris Taylor. Their help is invaluable to me and I am fortunate to have the backing of Harold Marco and the office staff.

**CWE:** What hospitals do you cover?

**Rev.G:** I cover two local hospitals on a regular basis, King George's and Queen's but do visit other hospitals if I know of a member who has been admitted. I also rely on members informing the office if they or a loved one goes into hospital, or is ill at home and wants a visit.

I am the recipient of a Long Service award from King Georges Hospital having been visiting there since I became Minister of Newbury Park Synagogue twenty years ago and will shortly receive my certificate.

**CWE:** How long have you been involved with the United Synagogue?

**Rev.G:** This is my 20th year working for the United Synagogue, having started at Newbury Park then Redbridge and am now at Cranbrook United Synagogue.

**CWE:** 2019 has gone well and 2020 has also started off very well for the Newman family, with your grandchildren and now the engagement of Aaron to Rachel. You must all be so happy.

**Rev.G:** Both Gillian and I would like to thank every one for the good wishes on the engagement of our son Aaron to Rachel at the beginning of January. It is a great start to the new year.

Can I take this opportunity to thank the Executives together with all the volunteers who have helped me and all the community, for the warmth and friendship which they have shown, which is par excellence.

I would also like to thank my dear wife Gillian for all her help and support over the years, together with all our children and grandchildren, as without them I could not have performed my duties so well.

I would like to wish our community a happy and kosher Pesach and may we all continue going from strength to strength.



Mazel tov to Aaron and Rachel on their engagement.

## LETTER TO THE EDITOR

Dear Editor,

Thank you for the magazine. As it was the first issue, I would have liked to see something about the beginning of the community, and its long history as Beehive Lane, at one time the largest Jewish community in Europe! My late father, Isaac Barget, laid the foundation stone of the present building, and was part of the group who went to Bulgaria to choose the panelling for the ark area. To go back even further, the original congregation met in what was the Betty Gabriel Hall, named for the wife of the Chairman. (Now the Federation synagogue.)

The congregation was so large that for the Yomtavim we hired the Odeon cinema at Gantshill,

I am sure there are others who could tell you stories of "the old days". Looking forward to the next issue.

Renee Bravo  
October 2019

Many thanks for your letter. I am sure many of members have memories they would like to contribute. Editor.



## CHANUKAH CELEBRATION CRANBROOK STYLE!

Our Chanukah celebration this year catered mainly for our children. On Sunday 22nd December, there was a Circus Skills workshop for ages four to fourteen years, with a soft play area for the under four's, which was greatly enjoyed by all - both children and watching adults! One of the highlights of the evening was when our organiser took the children (and adults!) outside to watch him juggle with fire! We were enjoined "not to try this at home"!!

This was followed by a communal candle-lighting event for young and old, to celebrate the first night of Chanukah and a Hot Dog and Latke Supper with Doughnuts for dessert. A very enjoyable and entertaining evening.



## From the Wardens' Box

I can't believe it's been nearly a year since our merger into Cranbrook United. Luckily Joe Rose and I have been working together in the box for some years, and Harold Marco and I have worked together for a very long time on the NEROS [The London Association of North East Regional Orthodox Synagogues] committee. It's quite worrying how much we agree on matters - but it makes life much easier.

We do need your assistance with the Shabbat call-ups. Being a large and fairly aging group of people (in the main) there are very many Yahrzeits each week and only a limited number of call-ups that we can make. Therefore it would be a great help if, when you return your form to the office, you would indicate whether or not you intend to be in shul the previous Shabbat. This still may not always guarantee you a call-up but we will try to give you at least an Ark Opening or Gelilah (covering the Torah). If you would agree to be called up on Shabbat afternoon or the Monday or Thursday morning, this again would be a great help.

Still on the subject of Yahrzeits, the list that we read out on the Shabbat before the Yahrzeit has grown extremely long, averaging some seventy names. The letter that the office sends to notify you of the date has been redesigned and if you wish the name of the mourned to be read out in shul, it is essential that you send back the form at least two weeks before the Shabbat concerned.

We would like to thank you for your assistance with all this, and we would also like to thank the Ministers, the rest of the executive, the advisory council, the administrators, shammasim, those who organise the Kiddushim and other functions, security, caretakers and all who help us to keep the shul running smoothly, even Head Office at times.

Although we have not yet celebrated Pesach, we are already turning our attention to the High Holy Days and planning for the future.

Finally our thanks to those who give of their time to produce this magazine in which you are reading this article.

Kenneth Black - Warden



## CST wishes our whole community a safe and enjoyable Pesach

CST wishes all British Jews a safe and enjoyable Pesach.

At CST, our mission is to protect every shul and every community. We do this in partnership with you, because security depends upon everybody playing their part. Your local CST volunteer team needs you to sign up and join it; and everyone should be aware of their surroundings, knowing how to react should anything happen.

We wish that none of the security was necessary, but last year showed, yet again, that whilst terrorism is exceptionally rare, it sadly does happen and it can occur anywhere.

Last Yom Kippur, the synagogue in Halle, Germany, was attacked by a terrorist. He tried to shoot his way into the building but failed because the door had been closed. The rabbi and the congregation had followed the simple security instruction of shutting the door behind them. This saved many lives inside the shul service, but the terrorist killed a passer-by in the street outside, before then killing a customer in a nearby kebab shop.

On the last day of Pesach, a terrorist attacked the synagogue in Poway, California, killing one congregant and wounding others, including the rabbi.

Here in the UK, the most serious recent attack was in July 2018, against Britain's third oldest synagogue, in Exeter. A man attempted to burn it down and tried repeatedly to smash a window that the shul had strengthened, using CST advice and CST funding. When the glass at last partially broke, he poured petrol in as best he could, setting it on fire, but failing to destroy the shul.

The German, American and UK attacks were against relatively small Jewish communities, but the attackers knew them as being their nearest synagogues. The door being closed in Halle saved lives. In Exeter, the shul was protected because the community and CST had worked together, exactly as CST does with hundreds of others across the country.

This is why CST wants every community and every shul to work with us, to be aware of security and to join local CST security teams.

We do this because we want our local communities and shuls throughout the country to thrive, leading a full and confident Jewish life. Thank you and we wish you, your families and communities well over Pesach.

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## MAYA D'VAR TORAH

On 30 November 2019, Maya Miriam Dansky celebrated her Bat Mitzvah at Cranbrook United Synagogue. She gave such a wonderful D'var Torah, we decided to print it in our magazine, so that we could read it at our leisure.



### My Bat Mitzvah D'var Torah

This week's Parashah is Toldot, which is also my favourite Parashah. In it, we hear about the story of Yaakov and Eisav, two brothers who are the sons of Yitzchak and Rivka.

These brothers were at first very much alike. They did exactly the same things, but as they grew into adulthood, their personalities began to differ. Yaakov became a scholar, always sitting in his tent and studying like his father. Eisav preferred to be outdoors, hunting and stealing, the very opposite to Yaakov.

But why did Eisav choose this lifestyle path? We must bring to light that his father had tried to bring them both up in the ways of the Torah, but only Yaakov chose this way to go about his life. It could be that Eisav was being forced into a lifestyle that was not for him, so he decided to rebel and deliberately hunt to prove his point.

If Yitzchak saw that his son was going down the wrong path, why then does he encourage it? We see that he asks Eisav to hunt and prepare food for him so he can bless his son before he dies. This expresses the point that Yitzchak was trying to turn Eisav's attributes into a force for good. There are some commentaries that say that Yitzchak didn't know his son at all, but I think he knew Eisav better than most. Instead of trying to stop Eisav which would then set him down a wrong path, he decided to try to change the circumstances to turn Eisav's passion for hunting into a positive thing.

Every single human being is different, and we shouldn't expect any two people to be identical. For example, my sister Talia and I are growing up in the same household with the same parents and we went to the same primary school. Yet we are two very different people. I tend to throw myself into everything, sometimes without thinking of the consequences, and Talia is much more cautious and likes to assess the situation before trying something new. If we go to a soft play, Talia is much more likely to be found on the slide or on the smaller children's equipment, whereas when I was her age, I used to scale the sides of the biggest climbing equipment and would climb to the top without thinking how I was going to get down!

With these two differences in mind, let us go to the part of the Parashah which is the main attraction. Yitzchak wants to bless Eisav, but in the end, he ends up blessing Yaakov.

There is a whole family drama behind what would seem like a simple mistake. Yitzchak asks Eisav to go and hunt some animals which Eisav needs to prepare and serve him. As a result of him acting in this generous manner to his father, he will be blessed by him before he dies. This isn't just a second-grade blessing which doesn't mean very much. This is the most special blessing that Yitzchak can give because it will give Eisav the power to rule over Yaakov and be the next in line as one of the avos - our forefathers.

When Rivka hears this plan, she immediately sends for Yaakov because she thought Yaakov was more fitting for these blessings than his brother. She dresses Yaakov in animal skins, prepares the food that Eisav was meant to bring, and tells Yaakov to be Eisav's doppelganger. Yaakov is unsure of this and is worried that his father will find out who is, and he will be seen as someone who is tricking his father. Rivka reassures him and tells him to go.

The moment has arrived. Yaakov is in his father's tent presenting the food and trying to act innocent. Then comes Yitzchak's line that we all know: "hakol kol Yaakov v'hayadayim ydey Eisav", "the voice is the voice of Yaakov, but the hands are the hands of Eisav". Yitzchak is unsure which of his sons is really standing in front of him, but blesses him anyway. Just two moments later, as Yaakov walks out, Eisav shows his father huge respect by showing him the food that he has prepared and then asks for the blessing.

It is at this moment that Yitzchak realises that he has been tricked, and realises ultimately that it is all for the best - he says "gam baruch yihyeh" which translates as "he will still be blessed". Eisav is understandably furious and vows to kill his brother, no matter what.

All the sages are very puzzled by this story. Surely, if Yitzchak knew who Eisav was, he would know not to give Eisav the blessing in the first place. They therefore explain that Yitzchak believed that it would be possible for the two



brothers to work as a team. Eisav as the hunter would be the muscle of the group, and Yaakov the brains behind the business. Eisav would defend his brother from his enemies and would supply him with all the physical things that Yaakov needed. Yaakov, in turn, would study the Torah, and give Eisav a portion in the next world as a way of repaying him. Both sons would be using the unique talents which G-d had given them, and combine them to provide an unstoppable force for good in the world. The only problem is that Eisav never intended to keep his side of the bargain because he didn't believe in the importance of spirituality. He was only focused on this world, where the next meal was coming from.

I realise that you need both physical and spiritual things for a balance in life. Its like macaroni and cheese, or Talia and unicorns! They need to be together to create a very happy ending. The things we need to survive are only important if we have the Torah which turns those things into something spiritual. The most basic example of this is food. Eating food is a physical thing, but we can turn it into something spiritual simply by making a bracha, saying a few words of blessing. It really can be that simple.

This is one of the basic foundations of being a Jewish person - balancing your physical and spiritual needs to ensure that there is a working relationship between them and that all our physical things have a spiritual basis.

Now I am a bat mitzvah and this is my launch into being a Jewish young woman in a modern world. I am now responsible for the mitzvot that I am obligated in spiritually, and must make sure that everything that I have in my life is influenced by the Torah and its commandments.

Maya Miriam Dansky

## FROM FOOTBALLER TO RABBI

Over 70 people braved Storm Dennis (the Menace) to attend a Melava Malka on motsei Shabbat Yitro, February 15, at our shul.

In a fascinating and amusing talk, our speaker, Rabbi Jonathan Hughes, told us of his progression from footballer to Rabbi.

“Jonny” was born and raised in Reading, Berkshire and, as a teenager, was signed by Swindon Town and Reading Football Club Academies. His mother was Jewish but he did not lead a Jewish way of life or attend a Jewish school. He went to University College London, where he gained a law degree and while at university met several orthodox Jews. “Jonny” became interested in Judaism and stayed with Jewish friends during the long summer break. He later travelled to Israel

and studied Talmud for eight years in Jerusalem at Midrash Shmuel. He was awarded semicha and after serving in various rabbinical positions in the London area, was appointed Rabbi of Radlett United Synagogue in September 2015. He also serves the United Synagogue as the Living and Learning ‘City Rabbi’, which involves running Jewish educational programmes in the City of London and the West End.

Rabbi Hughes has written two books on the writings of Rabbi Chaim Soloveitchik and Rabbi Elchonon Wasseman respectively and is also a songwriter and guitarist with two albums to his name. He is married to Chana and they have four children.



During the delicious meal, which included hot tomato soup - just what was needed on a cold February evening - and fish and various salads, Rabbi Steven Dansky entertained us on the piano.

Our thanks to Hilary Segall - Chair of the Education Committee - and her team who organised this excellent evening.

Philippa Stanton

## VICTORIA, BRITISH COLUMBIA, CANADA'S OLDEST SYNAGOGUE

**O**n our June trip to Western Canada, quite by chance, we happened to see at the Visitor Centre a leaflet about the local Jewish Congregation and Synagogue.

Apparently the first and oldest Synagogue in Canada was established on Vancouver Island as the capital of British Columbia, Victoria.

Most of the European Synagogues we have visited have usually been hidden away in corners or behind walls. The Emanu-El Synagogue was on a main thoroughfare and not far from our hotel.

We noted that they do guided tours but unfortunately these did not coincide with our visit as we were going to Vancouver the next day. Anyway, we took a chance and gained access, but not to the main interior as this was being used.

The membership consists of about 250 households. They celebrated their 150th anniversary in 2013 and produced an excellent book which we purchased.

The first Jews arrived in Fort Victoria in 1858, attracted by the Fraser River Gold Rush. The first services were held in a private house until 1862 when the congregation purchased a piece of land - a tremendous undertaking for a small Jewish community with fewer than 50 members. Many outside contributions were given by the wider Victoria community.

On June 2nd, 1863, two cornerstones were laid by the Masons and members of the congregation. In the years that followed, Victoria's economy declined, followed by a decline in the Jewish community. However, in 1978 the few members of the Jewish community resolved to restore the building, and in 1982 the community celebrated the completion of the project. Many citizens of Victoria turned out to commemorate the event including City and Provincial dignitaries, Chinese and First Nation representatives and the Masonic order. On the 120th anniversary, the Synagogue was designated a national historic site by the Canadian Government. Improvements continued to be made; an adjacent building was added in 2003 to provide room for a Hebrew school, Rabbi's study, social events etc. In 2013 a new roof and repair work to ageing windows and floors was undertaken.

The 150th anniversary in 2013 re-created the cornerstone laying ceremony of 1863 which included a week of cultural events. The congregation also earthquake-proofed the bima, housing the sacred Torah Scrolls.

Regular services are held, together with educational activities and other special events which are open to the whole Victoria community. Visitors from round the world are welcomed to Canada's oldest continuously operating Synagogue.

Tours are offered.

Check the website: [www.congregationemanuel.ca](http://www.congregationemanuel.ca).

Fort Victoria was established in 1843 as a British military station and trading post. In 1857 it was a small town of 2,500 residents of European descent plus 5,000 natives. Then, the gold rush and over the next few years more than 30,000 miners passed through Victoria on their way to the goldfields. The first recorded Jew arrived in 1858, twenty-one-year-old, Frank Sylvester. He first opened a hardware shop in Victoria, but after a short while travelled by mule train to the goldfields where he established stores. He had a number of adventures including riding shotgun on stagecoaches escorting gold to banks in Seattle. Not the usual job for "a nice Jewish boy", such as an accountant, solicitor or doctor!! In later life he served as an officer for the Congregation Emanu-El as well as taking an active role in Victoria's society. He married and had eight children. He and his wife are buried in Victoria's pioneer Jewish Cemetery.

A number of other Jews travelled from all over the world to Western Canada, to make their fortunes or escape the persecutions in Europe and beyond. It should be understood, that Victoria at this time was extremely isolated, no railroad, no communications, no scheduled steamship service. They were literally entering into the unknown. With the isolation and difficulties encountered, one can only admire their determination to seek a better life.

Other pioneers and their stories appear in the anniversary book.

My thanks to Todd Litman, Managing Editor of the Sefer Emanu-El, for his permission to use extracts from the book and photos of the interior for this article.

We wish them well for the next 150 years and beyond.

Elaine and Bernard Chaplin  
July 2019



## WOMAN OF THE YEAR

Cranbrook United Synagogue is delighted to honour a very special lady, - Iris Taylor - as the first Cranbrook United Synagogue Woman of the Year with a luncheon on Shabbat Zachor (March 7). We wish Iris and her family a hearty mazal tov on this wonderful occasion.

### The mitzvah of being a volunteer

In 1984 I joined the League of Jewish Women, a volunteer group meeting in Newbury Park. I started delivering meals-on-wheels from Sinclair House to elderly people in the Ilford area. I did that for two years, then decided I wanted to help in the Day Centre. I began as a volunteer on a Monday. The manager at that time, Jean Shindler, asked me if I would take on the role of co-ordinator on a Tuesday. Up for a challenge, I said I would. Now 36 years later I am still co-ordinator on Tuesdays, along with a dedicated team of volunteers with whom I enjoy working. I also help on a Friday (when needed) to serve the Shabbat lunches.

**Hospital visiting:** I have been a hospital visitor for 26 years, visiting Jewish patients, first in Whipps Cross Hospital for two years. I am now visiting in King George's Hospital, every two weeks. This is one of my special mitzvahs, as some patients don't see a "Jewish Face" and are pleased to chat.

At a League of Jewish Women meeting, some 26 years ago, the request went out for someone to do a small admin job for Jewish Women's Aid. At that time I had never heard of them. Jewish Women's Aid is an organisation which started in Leeds, in a house, helping Jewish Women who are experiencing domestic violence. They are now a big organisation and their head office is in Finchley. My job was to organise a rota for the JWA Helpline for six ladies in the Redbridge Area, which I sent to Head Office every month. After a year, I was asked if I was willing to take on the entire rota for all the groups. This covered South London, NW London, Leeds, Manchester and Birmingham. I now call 50 women from home every two months to organise the National Helpline Rota (excluding South London, and Redbridge, who sadly don't have a group

anymore). I have been doing this for 26 years now and enjoy it very much. **Welfare for Cranbrook United Synagogue:** how I started. During a hospital visit, I came across Rabbi Hyman visiting an Ilford member. We started chatting about the lack of welfare needed for the shul. I offered to help and he said he would have a word with the Board of Management. Two weeks later I was asked to attend a board meeting seeking volunteers to call the elderly (over 85) and vulnerable people in the area. I managed to get about fifteen volunteers (some of whom were not on the board).

Together with Claire Barzilai, we allocated these volunteers to call about ten members each, three times a year, before Rosh Hashanah, Pesach and Chanukah, to let them know they had not been forgotten. They were pleased we called.

Since June 2019, when we merged with Redbridge United, our Welfare Committee is now strong and dynamic. Today I am privileged to be co-chairman with Lorraine Silver, under the guidance of Reverend Gary Newman, Community Welfare Minister for the United Synagogue. I still organise calls to our elderly and vulnerable members plus visiting people when necessary with Reverend Gary Newman.

Lastly, I am truly honoured to have been awarded Woman of the Year.

Iris Taylor



## Welcome to the Eastern Jewry Synagogue

On behalf of Rabbi Dansky, Reverend Newman, The Executive Board, the Advisory Group and the Cranbrook Community, we welcome the Eastern Jewry Synagogue, who will be holding their Minyan on Shabbat mornings in the Beit Hamidrash in Schaller House.

Eastern Jewry have for many years, held their Minyan at Newbury Park Station where Newbury Park Synagogue originated.

We wish the Chairman Simon Cohen, his Committee and Community Hatzlacha and Bracha and we look forward to this partnership lasting for many years.



## PESACH RECIPES

Lets Get Started!

The following starters are ideal for Pesach and are also pareve.

### Mrs Safarty's Chopped Herring

By Philippa Stanton

This quick and easy recipe was given to me by an old friend. I first made it for Pesach nearly forty years ago and was so pleased with the result, that I have made it every Pesach since then. I also serve this delicious Chopped Herring after the Yom Kippur fast!

#### Ingredients:

1 454 gm jar of Pickled Herring  
1 large onion or ½ Spanish onion  
1 Bramley apple, peeled and cored  
2 hard boiled eggs  
Salt, sugar, pepper; a pinch of sugar (if required)

#### Method:

Remove the herrings from the jar and blot well on kitchen paper to dry them. Remove the skins. Peel the onion. Peel and core the apple. Shell the eggs, and carefully remove the hard yolks and place to one side.

Mince herrings, onion, apple and egg white finely. Place in a dish, and add salt, pepper, sugar (if used) and mix well with a fork. Smooth the top.

Place the hard egg yolks in a sieve, hold over the top of the chopped herring dish and rub with a spoon, so that the sieved egg covers the herring. Cover with cling film and keep in the fridge until required. Freezes well.

### Pesach Boobalas

by Peter Spill

There is a long and old tradition in the Spill family (née Spilfogel), that boobalas are made only by the male members of the family. This recipe for Passover has been handed down for many generations through the male line only and therefore, under threat of expulsion from the Spill clan, I divulge all.

#### Ingredients:

6 eggs (one per person)  
1 - 2 cups of any kiddush wine (sweet red wine)  
6 dessertspoons of caster sugar (1 spoonful per egg)  
approx ½ box cake meal

#### Method:

Separate the eggs  
(save the yolks for later).

Whisk the whites until very thick. Mixing slowly, add the yolks, wine, sugar and cake meal individually until the mixture is thick and creamy and peaks are formed when you lift the fork out.

While you are preparing the mixture, heat up a frying pan with cooking oil, enough to shallow fry. It must be very hot before frying. The mixture should not be in the frying pan for more than a minute or two and you should test the oil first with a blob of mixture. If it sizzles all the way round the blob then the oil is right for cooking. Use a dessertspoon to ladle out the mixture into the frying pan. Do not make the boobalas too big as they will rise. Cook both sides until golden brown and serve on plates with more caster sugar, together with a nice cup of tea and enjoy yourself.



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### Avocado Dip

By Philippa Stanton

I had intended to make Guacamole but did not have all the ingredients to hand. This is much easier to make, and just as tasty.

#### Ingredients:

2 ripe Israeli avocados, skinned and stoned  
Juice of 1 lemon  
2 large tomatoes, skinned, de-seeded and chopped  
½ medium onion, grated  
1 clove garlic, crushed  
Salt, pepper  
1 hard boiled egg (optional)

#### Method:

Mash the avocado in a bowl with the lemon juice. Add tomatoes, garlic, onion, salt and pepper and mix well. Taste and adjust seasoning if required. Cover the bowl with cling film and put in the fridge to cool for a short time. Serve on a bed of lettuce on individual plates. Can sprinkle chopped hard boiled egg on top.

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## CORONAVIRUS Let's put this into a different perspective

This morning I went to Sainsbury's for my regular weekly shop; as it's just 4 weeks to Pesach my shopping list is much shorter and so I am not buying pasta or rice, tins of beans or huge amounts of cereal, however the shelves were shorn of toilet paper and kitchen roll. Now, I received a funny WhatsApp message which roughly transposed for a shul magazine reads as: there is no run on your tuchus just on your nose! Why all this panic buying? This desire to have packets of pasta and rice, loo paper and hand sanitiser is just madness. Believe me, I am not laughing at this very serious threat; Coronavirus has spread at an alarming rate and as I type, Italy, a modern European country, has gone into total lock-down. Viruses come every year (and for any medicos in the community, if I have got my facts wrong, I apologise, shoot me later!), but Public Health England advice, as well as governmental advice is very simple: keep your hands clean and well washed; but this should be de rigeur – we should be mindful of this anyway, whether it's Covid 19, influenza or the common cold. I then thought back to the Second World War: I was born 10 years after the war ended (now you know how old I am) and note that rationing ended in 1954. I still remember my parents, o'h, with their ration books and asking them what they were for. Did people die of malnutrition with 14 years of rationing? (Rationing started in January 1940). With Covid 19 we're being told to self-isolate for seven days if we come down with a cold (slightly shorter than the 14 years of rationing). Older members of the community will remember the 1 egg per week, 2ozs of fat, 2ozs cheese and very little sugar. Yes, people were slimmer and no doubt, a lot healthier than the obese nation that we have become. With petrol rationed as well everyone walked – good for your health and great for the environment. So, what to do about the lack of loo paper? Well, use the daily paper – there are a couple I can think of that could be put to good use!

Hilary Segall





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